

FACT

network



TRAINING YEAR PLAN

2024



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ABOUT US

We are passionate about equipping and assisting professionals working with children and families with the necessary knowledge and skills to provide integrated and effective services. We provide a variety of training courses, as well as tailor made packages and content to suit the unique needs of organisations. We have offered training across South Africa to social workers and other mental health professionals, schools, and even government organisations like the South African Police Service.

Our courses are **(1) evidence based, (2) in line with the latest national and international literature**, and therefore regularly updated, and **(3) practical**, and based off of years of social work experience in South Africa.



OUR FOUNDER

Our founder, and also our main training facilitator, is Dr Louise Aucamp [BA(SW) MSD (Play Therapy) PhD (SW)]. Dr Aucamp is a social worker in private practice with over 25 years experience working with children and families. She has worked in both the formal welfare sector and in private practice, and she holds previous academic appointments such as lecturing at North West University.

GENERAL INFORMATION

TIMES: All training courses are presented daily from 9:00 till 13:00. Except where indicated otherwise.

INCLUDED in the training cost is:

-A comprehensive training manual that will be emailed to delegates. Printed and/or couriered manuals are available at an additional cost.

-Additional literature and/or practical documents/schedules/practice documents (as relevant). This will all be emailed to delegates.

COURSE FACILITATORS: All training listed below is presented by Dr Louise Aucamp, unless stated otherwise. A separate training year plan of the courses facilitated by other professionals in association with FACT Network is available on request. The CV of Dr Aucamp will be made available on request.

CPD POINTS: Please take note that CPD points are exclusively applied for from the South African Council for Social Service Professionals. Some courses may still be pending CPD points, but this will be issued to delegates once acceptance of the application has been received by the council.

REGISTRATION: Please familiarise yourself with the t & c's pertaining to our training prior to registering for one of our courses. If you need any more information please don't hesitate to contact us, by sending an email to admin@factnetwork.co.za

Please take note that cancellation of attendance after registration has closed will include a cancellation fee of 25% of the course fee. Attendance cancelled less than 1 week in advance will result in a cancellation fee of 50% of the course fee.

Proof of payment and or deposit secures registration. Registration without proof of payment is not enough to ensure your space.

INTRODUCTION TO CHILD ASSESSMENT & SOCIO-EMOTIONAL ASSESSMENT OF CHILDREN

- **SACSSP CPD Points:** 49
- **Dual Medium Training** (26,5 hours worth of online recorded content and Weekly Zoom Discussion Groups)
- **Presented by:** Dr Louise Aucamp and practical sessions facilitated by Esti Boonzaaier
- **Cost: R9400** (Payable in 4 installments)
- **Dates: Round 1:** 8 Feb to 18 April. **Round 2:** 6 Aug to 17 Oct
- **Last day to register: Round 1: 1 Feb. Round 2: 30 July**

This course offers the delegate a systematic assessment model through which the child's functioning, in all the spheres of his life, can be evaluated. This is a child-friendly approach where age-appropriate aids are used to obtain the necessary information. This information enables the professional to give recommendations about the use of further investigations and/or the planning of relevant therapeutic processes

Delegates will work through the theoretical content by watching recorded sessions on the FACT website and meeting for weekly Zoom sessions. This course also makes use of assignments and a practical exam at the end to ensure thorough understanding of the work covered.

This year we have included brand new content and a new expanded practical component, which includes a review of a recorded socio emotional assessment, completion of a comprehensive socio-emotional assessment, completion of a mock feedback interview, practice in report writing, and the use of practical assignments.



GETTING STARTED IN PRIVATE PRACTICE

- **Not registered for CPD Points**
- **Hybrid Training** - Attendance in person or via virtual platform
- **Presented by:** Dr Louise Aucamp
- **Cost:** R2400 - includes electronic ebook and 4 contact sessions. For R1000 extra you can purchase all of our practice documents to complement this course.
- **Dates of contact sessions:** 19 Feb, 11 April, 13 May, and 12 July
- **Last day to register:** 12 Feb

This course offers delegates comprehensive knowledge on getting started in social work private practice by looking at the business, legal, financial, administrative, and ethical side of private practice. Practical tips will be given, as well as guidance on developing the vision and mission for your practice.

Delegates also have the option to purchase all of our FACT developed practice documents to make use of in their own practice . These have been legally scrutinized and are of the highest standard. This includes

- Our Standard Operating Procedures,
- Conditions of Service Delivery and Consent Forms
- Information Leaflets on Various Services
- And more!

For more info on this course, please send an email to **training@factnetwork.co.za**



SOCIO-EMOTIONAL ASSESSMENTS - LATEST DEVELOPMENTS

- **Please take note that this course is NOT registered with SACSSP for CPD Points**
- **Hybrid training course:** Attendance in person or via virtual platform
- **Presented by:** Dr Louise Aucamp
- **Cost:** R1500
- **Date:** 20 Feb
- **Last day to register:** 13 Feb

This short refresher course on socio-emotional assessments is aimed at providing delegates who completed this training course previously with added supportive literature and latest developments.

Included in this training course:

- Updated theoretical foundation supporting both the process of assessment and various techniques and media used during the assessment process
- Use of developmental observations screen to plan developmentally sensitive assessment process with toddlers or children with developmental delays
- Updated structured interview
- New updated projection cards (culture and gender neutral, ageless in terms of clothing and covering new themes such as gender identity)
(Set of cards included in price)
- Latest practice documents to ensure ethically and legally sound assessment process

Please note that having completed the comprehensive socio-emotional assessment course previously is a pre-requisite for this course.



STRUCTURED TRAUMA THERAPY

- **SACSSP CPD Points:** 2022/2023= 17.5. 2024 Pending
- **Hybrid training course:** Attendance in person or via virtual platform
- **Presented by:** Dr Louise Aucamp
- **Cost:** R4000- includes electronic manual. Printed/couriered hard copies available at an additional cost.
- **Dates:** 11 - 14 March
- **Last day to register:** 4 March

This short course offers delegates a sound theoretical understanding of trauma and trauma therapy. The following aspects are covered during the four day training course:

- Sound theoretical knowledge on trauma and neurobiology of trauma
- Structured approach to trauma therapy
- Practical skills in motivation for therapy and preparing for trauma work
- Skills in emotional regulation from a bottoms-up approach
- Trauma work
- Working with the here and now: learned behavior and reinforcing safe connections



FAST (FAMILY AND SYSTEMS TEST)

- **SACSSP CPD Points:** Pending
- **Attendance in person only**
- **Presented by:** Dr Louise Aucamp
- **Cost:** R850
- **Date:** 16 April
- **Last day to register:** 9 April

A practical hands-on training on the use of an assessment and therapeutic tool that can be used in:

- Socio-emotional assessment of primary-school age children;
- Socio-emotional assessment of teenagers;
- Parent-child interaction evaluations
- Family therapy



BEREAVEMENT COUNSELLING FOR CHILDREN AND TEENS

- **SACSSP CPD Points:** 6,5
- **Dual Medium training course** (2 hrs of online recorded sessions and 1 contact meeting (either in person or via zoom)).
- **Presented by:** Dr Louise Aucamp
- **Cost:** R1375 - includes electronic manual. Printed/couriered hard copies available at an additional cost.
- **Date:** 24 April
- **Last day to register:** 17 April

Delegates will be equipped with a theoretical foundation to understand bereavement in different developmental phases in terms of:

- Understanding the impact of death and bereavement on the child
- Needs of children during bereavement (different developmental phases)
- Role of the social worker in working with children who have experienced loss, death, and bereavement.
- Detailed structure for bereavement therapeutic process with children



NURTURING ATTACHMENTS: A THERAPEUTIC PARENTING PROGRAM FOR CHILDREN WITH ATTACHMENT DIFFICULTIES

- **SACSSP CPD Points:** 24
- **Dual Medium Training** (10 hrs total of online recorded sessions and 5 contact meetings (either in person or via zoom)).
- **Presented by:** Dr Louise Aucamp
- **Cost:** R7400 (Payable in 3 installments) - includes electronic manual. Printed/couriered hard copies available at an additional cost.
- Add Online Session on Emotional Regulation “When Love is not enough” by Nancy Thomas for R1000 extra to compliment this training course
- **Dates:** 7 May, 14 May, 21 May, 28 May, and 11 June
- **Last day to register:** 1 May

The course provides delegates with a sound theoretical knowledge base on attachment, a structure for a groupwork (or individual) program with parents as well as practical hands-on skills and techniques for individual sessions between parents and children to facilitating secure attachment.

- Module 1: Laying the foundation (Attachment focused therapeutic parental guidance for groupwork and/or individual sessions)
- Module 2: Therapeutic program for attachment therapy between parents and children



DIVORCE COUNSELLING FOR CHILDREN

- **SACSSP CPD Points:** 5
- **Dual Medium Training** (3 hrs of online recorded sessions and 1 contact meeting (either in person or via zoom)).
- **Presented by:** Dr Louise Aucamp
- **Cost:** R1375 - includes electronic manual. Printed/couriered hard copies available at an additional cost.
- **Date:** 20 May
- **Last day to register:** 14 May

Delegates will watch pre-recorded sessions providing them with a theoretical foundation to understand the impact of divorce on children in different developmental phases in terms of:

- Understanding the impact of divorce on the child
- Needs of children in the midst of divorce in different developmental phases
- Role of the therapist in working with children in the midst of divorce
- Detailed structure for a therapeutic process with children in the midst of divorce

Theoretical online content will be followed up with an in person or virtual contact session where practical demonstration of techniques will take place



COMPREHENSIVE 1 YEAR TRAINING INTO FORENSIC INVESTIGATIONS INTO ALLEGATIONS OF ABUSE

- **Dual Medium Training Course** (Online Recorded sessions and Zoom Discussion Groups)
- **Presented by:** Dr Louise Aucamp
- **Email training@factnetwork.co.za for costs and dates, as well as more information regarding the admission requirements for this course**

This course consists of comprehensive training in:

- a) Socio-Emotional Assessments of Children (Serves as a pre-forensic evaluation) (9 weeks) 49 SACSSP Points
- b) Forensic Investigations into allegations of abuse (8 weeks) 34,5 SACSSP Points
- c) Art of Effective Report Writing (4 days) SACSSP Points Pending
- d) Advanced Forensic Evaluations (4 days) SACSSP Points Pending
- e) Additional online sessions on Alternative Hypothesis in Forensic Evaluations, The collateral Interview, Deeper look at Grooming and the view of the Court, and a Trauma Sensitive Assessment Process. SACSSP Points Pending

Delegates will also be attending 3 forensic group supervision sessions in 2024



INTERACTIONAL ANALYSIS: OBSERVING PARENT-CHILD INTERACTION

- **SACSSP CPD Points:** 8
- **Hybrid training course:** Attendance in person or via virtual platform
- **Presented by:** Dr Louise Aucamp
- **Cost:** R2800 Payable in 2 installments - includes electronic manual. Printed/couriered hard copies available at an additional cost.
- **Dates:** 4 -6 June
- **Last day to register:** 28 May

This course enables delegates to conduct an evaluation of parent-child interaction consisting out of a pre-assessment interview, interactional analysis, and post assessment interview. The purpose of this evaluation is to obtain information about the parent-child interaction, strengths, and weaknesses in the relationship and to evaluate attachment and parental skills.

Delegates will also receive an observational evaluation structure as well as an interview structure for the pre- and post-observational interviews.



WHEN LOVE IS NOT ENOUGH: SERIES ON ATTACHMENT BY NANCY THOMAS

- **SACSSP CPD Points:** Pending
- **Dual Medium Training Course** (Online Recorded sessions and Zoom Discussion Groups)
- **Presented by:** Esti Boonzaaier
- **Cost:** R1050
- **Dates of contact sessions:** 12 July, 19 July, 26 July, 2 Aug
- **Last day to register:** 12 July

Over four weeks we will be looking at the Nancy Thomas DVD series called: When Love is Not Enough. The focus of these are on equipping professionals with knowledge and practical skills in helping children with severe attachment difficulties.

Weekly discussion groups will be presented to help delegates integrate the knowledge obtained and ask questions.



TRAUMA SUPPORT MODEL

- **SACSSP CPD Points:** Pending
- **Hybrid training course** (Attendance in Person or via online Platform)
- **Presented by:** Dr Louise Aucamp
- **Cost:** R1500 - includes electronic manual. Printed/couriered hard copies available at an additional cost.
- **Dates:** 15 & 16 July
- **Last day to register:** 8 July

Social workers across different social work domains, are being confronted with clients being exposed to different traumatic experiences. Often social workers are the first responders in so far that they are often the first professional that clients disclose their trauma to and or reach out to for assistance.

By equipping social workers with foundational knowledge in a trauma support model as opposed to once off trauma debriefing, they can help reduce the psychological distress that is found after traumatic incidents.



THERAPEUTIC LIFE STORY WORK

- **SACSSP CPD Points:** 2022/23= 9.5 . 2024 pending
- **Dual Medium Training** (5 hrs of online recorded sessions and 2 contact meetings (either in person or via zoom)).
- **Presented by:** Dr Louise Aucamp
- **Cost:** R2500 Payable in 2 installments - includes electronic manual. Printed/couriered hard copies available at an additional cost.
- **Dates:** 1 August & 8 August
- **Last day to register:** 19 July

Through life-story work a child is helped to make sense of their past experiences and develop a new secure emotional base. During this training course delegates will be introduced to theory underlying the concept of life story work and different types of Life Story Work. The focus will however be on Therapeutic Life Story Work and valuable practical techniques that can be used both in the context of life story work and in other therapeutic settings.

Life story work is a valuable tool to use in:

- adoption
- foster care
- attachment therapy
- trauma work
- and is suitable for all ages.



THE ART OF EFFECTIVE REPORT WRITING

- **SACSSP CPD Points:** 2022/23 = 12,5. 2024 Pending
- **Hybrid Training** (Available as in person attendance or attendance via Zoom)
- **Presented by:** Dr Louise Aucamp
- **Cost:** R3850 Payable in 2 installments. Includes electronic manual. Printed/couriered hard copies available at an additional cost.
- **Dates:** 5 Aug, 12, Aug, 19 Aug and 26 Aug
- **Last day to register: 28 July**

Effective report writing is a crucial skill when working in any psycho-legal context. Regardless of how good practitioners are in the assessment or therapy of children – the report they submit is often the only physical evidence of their work and thus the saying “You are only as good as your last report”.

This course will enable practitioners with knowledge and skill to write effective, neutral, and objective reports in line with their given mandate. Training is presented over four sessions. Structure and content of different reports from therapeutic to psycho-legal reports will be discussed in depth.



ADVANCED FORENSIC TRAINING

- **SACSSP CPD Points:** Pending
- **Dual Medium Training** (Online Recorded sessions and Zoom Discussion Groups)
- **Presented by:** Dr Louise Aucamp
- **Cost:** R4700. Payable in 2 installments. includes electronic manual. Printed/couriered hard copies available at an additional cost.
- **Dates:** 2 Sept & 9 Sept
- **Last day to register:** 22 August

FACT's Advanced Forensic Training is aimed at social workers and psychologist who have successfully completed the training in Forensic Investigations of Sexual Abuse. The training will however also be valuable to social workers at welfare organisation's dealing with sexual abuse on a regular basis.

This course aims to address complex issues in dealing with sexual abuse investigations such as:

- Ethical issues in Sexual Abuse Investigations
- Assessing the Very Young Child – Developmentally Sensitive Assessments
- Fantastic and Bizarre Elements in Children's Disclosures of Sexual abuse
- Allegations of Sexual Abuse in Divorce
- Allegations of Sexual Abuse implicating Multiple Offenders
- Non-disclosure in Sexual Abuse
- Investigative pathways in false allegations of abuse



NURTURING ATTACHMENTS (ADVANCED TRAINING)

- **SACSSP CPD Points:** Pending
- **Hybrid training course** (Attendance in Person or via online Platform)
- **Presented by:** Dr Louise Aucamp
- **Cost:** R1750 - includes electronic manual. Printed/couriered hard copies available at an additional cost.
- **Dates:** 3 & 12 September
- **Last day to register:** 27 August

Nurturing Attachments Advance Training provides delegates with additional literature supporting the parent child interactional sessions to facilitate secure attachment and includes a variety of additional techniques and ideas to help facilitate secure attachment.

- Polyvagal perspective on attachment
- Value and role of emotional regulation in the attachment relationship
- Dealing with difficult behavior from an attachment focused perspective
- New fun techniques and play-based activities to facilitate secure attachment

Take note - the nurturing attachments training course is a pre-requisite for registration.



THERAPEUTIC REUNIFICATION

- **SACSSP CPD Points:** Pending
- **Hybrid Training** (Attendance in Person or via online Platform)
- **Presented by:** Dr Louise Aucamp
- **Cost:** R1750 - includes electronic manual. Printed/couriered hard copies available at an additional cost.
- **Dates:** 8 - 9 October
- **Last day to register:** 1 October

Therapeutic Reunification is a therapeutic program that can be used where contact between a child and an parent has not realized for a set period of time. Therapeutic Reunification can be used in cases where allegations of abuse have been made, but findings are inconclusive or abuse has not been confirmed. It is further a valuable process to follow in other cases where contact has been frustrated for various reasons.



ATTACHMENT IN ADOPTION

- **SACSSP CPD Points:** Pending
- **Hybrid Training** (Attendance in Person or via online Platform)
- **Presented by:** Dr Louise Aucamp
- **Cost:** R1750 - includes electronic manual. Printed/couriered hard copies available at an additional cost.
- **Dates of contact sessions:** 22 - 23 Oct
- **Last day to register:** 15 Oct

The course aims to equip professionals working in the field of adoption (placement and therapy) to understand the unique dynamics of attachment in adoption and how to offer pro-active service delivery to ensure the facilitation of secure attachment in these cases. This course offers the delegate with a sound theoretical basis to understand attachment and related issues with the adoptive child.



ASSESSMENT OF ATTACHMENT: A MULTI METHOD APPROACH

- **SACSSP CPD Points:** Pending
- **Hybrid** (Attendance in Person or via online Platform)
- **Presented by:** Dr Louise Aucamp
- **Cost:** R3200 - includes electronic manual. Printed/couriered hard copies available at an additional cost.
- **Dates:** 5 -7 November
- **Last day to register: 29 October**

This course offers the delegate with a systematic, multi-method assessment model through which the child's attachment relationships and patterns with primary caregivers can be evaluated.

Included:

- Projective techniques for the assessment of a child's attachment patterns
- Assessment of adults attachments patterns
- The use of collateral sources as part of a multi-method approach

This is a child-friendly approach where age-appropriate aids are used to obtain the necessary information. This information enables the professional to make recommendations regarding the use of further investigations and/or the planning of relevant therapeutic processes.

Experience in socio-emotional assessment of children is a pre-requisite for attending this training.

